

WARREN TRUSS MP

Federal Member for Wide Bay



PO Box 283
Maryborough Qld 4650
1300 301 968 (toll free)
Phone: 07 4121 2936
Fax: 07 4122 3968

WT/pt

12 September 2014

To Whom It May Concern

I write in support of the online application "Brian the Amazing Brain".

Thankfully, the subject of mental health is addressed more openly now compared to years gone by. Having programs available to assist individuals wanting to train, change or challenge their brain is both welcomed and encouraged. I am informed that Brian the Amazing Brain has the capacity to improve mental function and emotional wellbeing, to help create fulfilling relationships with other people and assist with the ability to adapt to change and to cope with challenges.

Mental health is essential to personal wellbeing, family and interpersonal relationships, and the ability to contribute to community and society. Brian the Amazing Brain helps explain what the brain is, how it operates and the importance of maintaining a healthy brain with adequate food, water and sleep.

Research studies have shown that when people receive appropriate mental health care, their use of medical services declines. Businesses benefit when employees have good mental health. Mental health is associated with higher productivity, better performance, more consistent work attendance, and fewer workplace accidents.

I congratulate Trevor and Annie Boulton for their efforts in launching Brian the Amazing Brain and I offer them my support in this regard.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'Warren Truss', written over a horizontal line.

WARREN TRUSS MP
Federal Member for Wide Bay
Deputy Prime Minister

Working for Wide Bay