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TO WHOM IT MAY CONCERN

I am delighted to write in support of Brian the Amazing Brain Online Application.

Mental Health touches so many people and with a little education and help many of the issues could be lessened or overcome.

Anything we can do to ensure that people talk to each other about mental health, take care of their mental health and look out for each other's mental health has to be encouraged.

We find that while treatments are available, people do not recognise that they need help or are unwilling to accept help because of the stigma that surrounds mental health.

Brian the Amazing Brain online App will help raise awareness of Mental Health issues and train people in simple strategies to maintain their brain health as well as help break down the barriers for people dealing with Mental Health issues.

Yours sincerely



GERARD O'CONNELL
MAYOR

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